

Lemony Carrot Salad

This low-calorie, yummy salad is easy to prepare and ready to serve in just minutes.

Ingredients

- 2 Tbsp. lemon juice
- 2 Tbsp. extra-virgin olive oil
- 1 small clove garlic, minced
- 1/4 tsp. salt, or to taste
- Freshly ground pepper to taste
- 2 cups grated carrots (4 medium-large carrots)
- 3 Tbsp. chopped fresh dill
- 2 Tbsp. chopped scallions



Nutrition Facts

Yield 4 servings

Amount Per Serving

Calories 91

Fat 7g

Saturated Fat 1g

Cholesterol 0mg

Sodium 184mg

Carbohydrate 6g

Dietary Fiber 2g

Protein 1g

Preparation

1. Whisk lemon juice, oil, garlic, salt and pepper in a medium bowl.
2. Add carrots, dill and scallions; toss to coat.
3. Chill until serving time.

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