

Strawberry Spring Salad

What better menu choice for the first day of spring? Enjoy this light and fruity springtime salad.

Ingredients

- 3 Tbsp. white wine vinegar
- 3 Tbsp. water
- 1 Tbsp. honey
- 1 Tbsp. extra-virgin olive oil
- 1/8 tsp. salt
- 1/8 tsp. pepper
- 3 cups quartered strawberries
- 1 bag (10 oz.) Italian-blend salad greens (about 6 cups)
- 4 tsp. toasted pine nuts



Nutrition Facts

Yield 4 servings

Amount Per Serving

Calories 110

Fat 4.5g

Sodium 76mg

Carbohydrate 14.3g

Dietary Fiber 3.5g

Protein 4.5g

Preparation

1. Combine first six ingredients and stir well with a whisk.
2. Combine strawberries and greens.
3. Add vinegar mixture; toss to coat.
4. Sprinkle with nuts.

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