

Chocolate Chip Oatmeal Cookies

Oatmeal and whole-wheat flour make these cookies healthy and delicious.



Want to bake a special treat for your family tonight? These delicious chocolate chip oatmeal cookies are sure to please kids of all ages.

Ingredients:

1/2 cup trans-fat-free margarine
1 cup brown sugar, packed
3 tablespoons sugar
1 egg
2 tsp vanilla extract
1/2 tsp baking soda
1/2 tsp baking powder
1/4 tsp salt
1 cup all-purpose flour
3/4 cup whole-wheat pastry flour
1/2 cup uncooked oatmeal
10 oz. package chocolate chips

Nutrition Facts

Yield 3 dozen (36) cookies

Amount Per Serving

Calories 110

Fat 4 g

Saturated fat 2 g

Cholesterol 0 g

Protein 1 g

Carbs 17 g

Fiber 1 g

Sodium 53 mg

Preparation:

Mix together margarine and sugars. Add egg and vanilla and continue mixing. Slowly add the flours, baking powder, baking soda and salt. With a wooden spoon, mix in the oatmeal and chocolate chips.

Cook at 375 degrees F for 10 to 12 minutes.

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