



EAP CARES

EAP is made available by Baltimore City's Department of Human Resources and is a free and confidential service available to most Baltimore City employees and their eligible dependents.

Office Hours

Monday - Friday
8:30am-4:30pm

Contact

Office 410.396.1859
Fax 410.396.4483

Location

201 East Baltimore Street,
Suite 400, Baltimore, MD 21202



EAP Serves:

- *Most Baltimore City Employees and their Eligible Dependents*

EAP Services Include:

- *Short Term Counseling*
- *Crisis Intervention*
- *Referrals for Services and Support*
- *Connection to Treatment*
- *Staff & Supervisory Training*

EAP Is Free:

- *No Cost*
- *Confidential*
- *Self Referrals are Accepted*
- *After Hours Appointments Available (upon request)*

EAP Staff:

Licensed Mental Health Professionals Who are Experienced in Treating:

- *Workplace Violence*
- *Attendance Issues*
- *Stress*
- *Trauma*
- *Work/Life Balance*
- *Depression/Anxiety*
- *Grief/Loss*
- *Work Performance Issues*
- *Addictions*
- *Relationship or Family Concerns*
- *Financial Problems*